

## CASE STUDY:

# A FLOURISHING PARTNERSHIP: HALCYON AND OUTWARD BOUND



**Gareth Jones** is the Biology and Environmental Systems and Societies Teacher and Student Wellbeing Support at Halcyon London International School in London. Here he shares how Halcyon works with The Outward Bound Trust to promote perseverance, resilience, mindfulness and motivation in their students.



## SHARING PHILOSOPHIES

Over the past decade, I have been a passionate International Baccalaureate (IB) educator. As such, I developed an interest in the history of the organisation and how they developed the holistic education that they have today. Through studying a Masters Degree in International Education I began to learn about Kurt Hahn, a German national who came to the United Kingdom before World War Two and helped to found several revolutionary organisations, including The Outward Bound Trust and the IB. He contributed to the foundation of these organisations through his values, which included the following:

- Education should be holistic
- People should not stand by in the face of injustice
- People should pursue their passion.

Five years ago I was lucky enough to be involved in the foundation of an organisation. I was a founding teacher at Halcyon London International School. I was tasked with developing a residential programme of education that would support students in developing their traits as an IB learner and their affective skills (perseverance, resilience, mindfulness and motivation). The mission of Halcyon involves drawing out the unique potential of every student through innovation, collaboration and community.

When considering the mission and that we use the International Baccalaureate curriculum, it became obvious that The Outward Bound Trust with its strong ties to Kurt Hahn's philosophies were a good match for us in delivering our residential programme goals.

## A PROGRAMME OF CONTINUAL DEVELOPMENT

Halcyon have now worked with The Outward Bound Trust for five years and our relationship with the organisation has grown from strength to strength. As a school we have had the pleasure of taking students to Outward Bound centres around the UK (Aberdovey, Ogwen, Ullswater and Loch Eil), allowing students to experience the diversity of the great national parks around the United Kingdom.

**The team at The Outward Bound Trust work closely with us in ensuring we create a programme that supports students in developing their traits as an IB learner and their affective skills. We now have a programme in which students first go to the organisation for a week at the age of 12. During this week they develop team-working skills through a week of shorter activities with a night under the stars.**

Students return yearly and the residential trips become progressively more challenging as they get older. The programme culminates with a week trip at the start of their IB diploma programme, during which students work on their leadership skills to support them in becoming leaders in our community. This week includes a two-day expedition led by the students. In previous years this has involved scaling eight peaks across the Glyderau, an awesome achievement for any student.



## A REWARDING AND WORTHWHILE ENDEAVOUR

Our students have benefited significantly from their experiences on their residential trips. As well as developing the skills we have targeted, The Outward Bound Trust has supported us in creating a cohesive cohort of students, something very important in international schools, which often have new students entering into every school year. It is a testament to the experiences that the students have that some of the key memories in their education come from these trips.

Beyond this, some have chosen to come back in their own time and take on the summer adventures offered by The Outward Bound Trust. For me, some of the most magical moments from my time at Halcyon have been spent on the residential trips.



*These include listening to student reflections on their perseverance, whilst on top of Cadw Idris with the sensational backdrop of the Llyn Peninsula, to seeing students support each other in stepping out of their comfort zone, whether it be on high ropes activities, completing a gorge walk or scaling a mountain.*

Just as the memories of these trips endure for our students, Halcyon is excited to continue and strengthen our relationship with The Outward Bound Trust. To further enhance the experience of our students and create an enduring partnership that will continue to grow and Hahn's philosophies were a good match for us in delivering our residential programme goals.



### FOR FURTHER INFORMATION

Email us at: [enquiries@outwardbound.org.uk](mailto:enquiries@outwardbound.org.uk)  
or visit: [outwardbound.org.uk](http://outwardbound.org.uk)



## ABOUT HALCYON

An accredited member of COBIS, Halcyon is the only not-for-profit, co-educational, exclusively International Baccalaureate (IB) school in central London. Halcyon is a thinking community, committed to nurturing engaged, reflective, life-ready, global citizens. With an extensive student wellbeing programme, integrated digital learning programme and commitment to the lifelong learning of its staff, Halcyon is committed to innovation, collaboration and community.

Halcyon London International School is an IB World School accredited for the International Baccalaureate Middle Years Programme (IBMYP) and International Baccalaureate Diploma Programme (IBDP). It also has been inspected and rated as Outstanding in all categories by Ofsted in 2017.



## ABOUT THE OUTWARD BOUND TRUST

We are a leading educational charity that uses the unpredictability of the wilderness to stretch young people physically and mentally until they achieve something they never thought was possible. Since 1941, we are committed in our belief that learning about yourself happens best out in the wild.

From our UK centres in jaw-dropping locations in Snowdonia, the Scottish Highlands and the Lake District, highly qualified Outward Bound® instructors guide participants through outdoor adventure and challenge to embed learning and skills that go beyond those learned in the classroom.



The Outward Bound Trust is a COBIS Supporting Member.

